



Cosmetology Program

Pivot Point Areas of Study

▪ **Life Skills**

- i. 101.1 Healthy Body and Mind
- ii. 101.2 Ergonomics
- iii. 101.3 Basic Communication
- iv. 101.4 Communicate with Confidence
- v. 101.5 Human Relations
- vi. 101.6 Resilience

▪ **Science**

- i. 102.1 Microbiology
- ii. 102.2 Infection Control
- iii. 102.3 First Aid
- iv. 102.4 Building Blocks of the Human Body
- v. 102.5 The Skeletal System
- vi. 102.6 The Muscular System
- vii. 102.7 The Circulatory System
- viii. 102.8 The Nervous System
- ix. 102.9 Principles of Electricity
- x. 102.10 Electricity in Cosmetology
- xi. 102.11 Matter
- xii. 102.12 PH
- xiii. 102.13 Hair Care Product Knowledge
- xiv. 102.14 Hair Theory
- xv. 102.15 Hair Care
- xvi. 102.16 Shampoo and Scalp Massage Theory
- xvii. 102.17 Shampoo and Condition Guest Experience

▪ **Business**

- i. 103.1 Goal Setting
- ii. 103.2 Job Search

- iii. 103.3 Finding a Salon That Fits
- iv. 103.4 Professional Relationships
- v. 103.5 Know Your Client Market
- vi. 103.6 Building Your Clientele
- vii. 103.7 The Salon Experience
- viii. 103.8 Salon Ownership
- ix. 103.9 Salon Operations
- x. 103.10 Retail Products

▪ **Client-Centered Design**

- i. 104.1 Design Connection
- ii. 104.2 Client Considerations
- iii. 104.3 Connect Service Essentials
- iv. 104.4 Consult Service Essentials
- v. 104.5 Create Service Essentials
- vi. 104.6 Complete Service Essentials

▪ **Sculpture/Cut**

- i. 105.1 Sculpture Theory
- ii. 105.2 Sculpture Tools and Essentials
- iii. 105.3 Sculpture Skills
- iv. 105.4 Sculpture Guest Experience
- v. 105.6 Solid Form Overview
- vi. 105.9 Graduated Form Overview
- vii. 105.12 Increase-Layered Form Overview
- viii. 105.15 Uniformly Layered Form Overview
- ix. 105.19 Texturizing Techniques
- x. 105.20 Combination Form Overview

▪ **Men's Sculpture/Cut**

- i. 106.1 Men's Sculpture Overview

▪ **Hair Design**

- i. 107.1 Hair Design Theory
- ii. 107.2 Hair Design Tools and Essentials
- iii. 107.3 Hair Design Skills
- iv. 107.4 Hair Design Guest Experience
- v. 107.6 Straight Volume and Indentation

- vi. 107.8 Curvature Volume Indentation
- vii. 107.12 Fingerwaving and Molding
- viii. 107.15 Thermal Design

- **Long Hair Design**

- i. 108.1 Long Hair Theory
- ii. 108.2 Long Hair Tools and Essentials
- iii. 108.3 Long Hair Skills
- iv. 108.4 Long Hair Guest Experience

- **Wigs and Hair Additions**

- i. 109.1 Wig Theory
- ii. 109.2 Wig Services
- iii. 109.3 Hairpieces and Hair Additions
- iv. 109.4 Wig, Hairpiece and Hair Addition Essentials

- **Hair Coloring**

- i. 110.1 Color Theory
- ii. 110.2 Color Design
- iii. 110.3 Identifying Existing Hair Color
- iv. 110.4 Nonoxidative Color Products
- v. 110.5 Oxidative Color Products
- vi. 110.6 Color Tools and Essentials
- vii. 110.7 Color Skills
- viii. 110.8 Color Guest Experience

- **Perming/Relaxing**

- i. 111.1 Perm Theory
- ii. 111.2 Perm Design
- iii. 111.3 Perm Products, Tools, and Essentials
- iv. 111.4 Perm Skills

Required clock hours of study according to the State Board of Cosmetology and Barbering:

Theory- (Must be coordinated with each practical practice subject as is appropriate throughout the course of training)-**125**

Manicuring and Pedicuring- (Including sculptured nails and tips and other artificial nail application procedures and care)-**70**

Facials- (Skin care training includes make-up, arching, waxing and/or other methods for nonpermanent hair removal)-**130**

Scalp Treatments- (Shampooing, conditioning and rinses)- **25**

- v. 111.5 Perm Guest Experience
- vi. 111.12 Relaxer Theory
- vii. 111.13 Relaxer Products and Essentials
- viii. 111.14 Relaxer Skills
- ix. 111.15 Relaxer Guest Experience
- x. 111.20 Curl reformation Theory

- **Skin**

- i. 112.1 Skin Theory
- ii. 112.2 Skin Diseases and Disorders
- iii. 112.3 Skin Care
- iv. 112.4 Skin Care Guest Experience
- v. 112.6 Hair Removal
- vi. 112.7 Hair Removal Guest Experience
- vii. 112.10 Makeup Theory
- viii. 112.11 Makeup Products and Design
- ix. 112.12 Make Up Guest Experience

- **Nails**

- i.** 113.1 Nail Theory
- ii.** 113.2 Natural Nails
- iii.** 113.3 Natural Nails products and Essentials
- iv.** 113.4 Nail Guest Experience
- v.** 113.8 Artificial Nail System Products and Essentials

Hairstyling- Including finger waving, the dressing of wigs, thermal and blow drying- **250**

Haircoloring- (Including color tints and bleaching and other color treatments)- **140**

Hair Cutting- Hair shaping with shears and thinning shears (scissors) razor and clipper (includes beard)- **160**

Professional Development- Establishment management and unassigned hours for review, examinations, etc.- **150**

Hair Restructuring- permanent waving and chemical hair relaxing- **200**

Total- 1250